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Original Date: ____/____/____

Dates Revised: ____/____/____

HEALTH HISTORY QUESTIONNAIRE

All questions contained in this questionnaire are strictly confidential and will become part of your medical record.

Name: _____ M F DOB ____/____/____
(Last, First, M.I.)

Marital Status: Single Partnered Married Separated Divorced Widowed

Referring Doctor: _____ Primary Care Doctor: _____

PAST MEDICAL HISTORY

Childhood Illness:	<input type="checkbox"/> Measles <input type="checkbox"/> Mumps <input type="checkbox"/> Rubella <input type="checkbox"/> Chickenpox <input type="checkbox"/> Rheumatic Fever <input type="checkbox"/> Others				
Adulthood Illness:	<input type="checkbox"/> Asthma	<input type="checkbox"/> Pneumonia	<input type="checkbox"/> Emphysema	<input type="checkbox"/> Bronchitis	<input type="checkbox"/> Pleurisy
	<input type="checkbox"/> Tuberculosis	<input type="checkbox"/> Sinus Problems	<input type="checkbox"/> Stomach Problems	<input type="checkbox"/> Liver Illness	
	<input type="checkbox"/> Heart Illness	<input type="checkbox"/> Sleep Disturbances	<input type="checkbox"/> Arthritis	<input type="checkbox"/> Cancer	
Immunizations and Dates:	<input type="checkbox"/> Pneumonia:		<input type="checkbox"/> Influenza:		
	<input type="checkbox"/> BCG : yes no (circle one)		<input type="checkbox"/> PPD (TB skin test) positive or negative		

List Any Other Medical Problems That Doctors Have Diagnosed:

Have you ever had a blood or blood product transfusion? Yes No

Surgeries: (start from the most recent)

Year	Name or Reason

OCCUPATIONAL HISTORY

Have you ever worked in a: Mining Quarry Foundry Pottery Brick Plant
 Cotton Hemp Mill Manufacture of Glass, Abrasives or Ceramics
 Other Dusty Environment (Specify)

Have you ever been exposed to: Asbestos Organic Solvents Lead Other Heavy Metals
 Acids Plastics Other (Specify)

Allergies to Medications or Food: Yes No

Name the Medication or Food:	Type of Reaction You Had:

HEALTH HABITS

Exercise:	<input type="checkbox"/> Sedentary (No exercise) <input type="checkbox"/> Mild Exercise (i.e., climb stairs, walk 3 blocks, golf) <input type="checkbox"/> Occasional Vigorous Exercise (i.e., work or recreation, less than 4x/week for 30 min.) <input type="checkbox"/> Regular Vigorous Exercise (i.e., work or recreation 4x/week or more for 30 minutes)
Diet:	Are you dieting? <input type="checkbox"/> Yes <input type="checkbox"/> No If yes, are you on a physician prescribed medical diet? <input type="checkbox"/> Yes <input type="checkbox"/> No What kind? _____
Alcohol:	Do you drink alcohol? <input type="checkbox"/> Yes <input type="checkbox"/> No If yes, what kind? _____ How many drinks per day/week? _____
Tobacco:	Have you ever used any form of tobacco? <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Cigarettes - Pks/day _____ <input type="checkbox"/> Pipe - #/day _____ <input type="checkbox"/> Cigars - #/day _____ <input type="checkbox"/> # of Years (total) _____ <input type="checkbox"/> or When have you Quit _____
Drugs:	Do you currently use recreational or street drugs? <input type="checkbox"/> Yes <input type="checkbox"/> No Have you ever given yourself street drugs with a needle? <input type="checkbox"/> Yes <input type="checkbox"/> No
Personal Safety:	Do you live alone? <input type="checkbox"/> Yes <input type="checkbox"/> No Do you have vision or hearing loss? <input type="checkbox"/> Yes <input type="checkbox"/> No Do you have an Advance Directive and/or Living Will? <input type="checkbox"/> Yes <input type="checkbox"/> No

FAMILY HEALTH HISTORY

		Age	Age at Death	Significant Health Problems or Cause of Death		Age	Age at Death if applies	Significant Health Problems or Cause of Death	
Father					Children <input type="checkbox"/> M <input type="checkbox"/> F				
Mother									
Brothers and Sisters	<input type="checkbox"/> M <input type="checkbox"/> F					<input type="checkbox"/> M <input type="checkbox"/> F			
	<input type="checkbox"/> M <input type="checkbox"/> F					<input type="checkbox"/> M <input type="checkbox"/> F			
	<input type="checkbox"/> M <input type="checkbox"/> F				Grandparents (Mother's Side)				
	<input type="checkbox"/> M <input type="checkbox"/> F				<i>Grandfather</i>				
	<input type="checkbox"/> M <input type="checkbox"/> F				<i>Grandmother</i>				

<input type="checkbox"/> M <input type="checkbox"/> F					Grandparents (Father's Side)			
<input type="checkbox"/> M <input type="checkbox"/> F								
					<i>Grandfather</i>			
<input type="checkbox"/> M <input type="checkbox"/> F					<i>Grandmother</i>			

SYMPTOMS								
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Cough:	Do you usually cough first thing in the morning?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
	Does your cough wake you up during the night?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
	Do you cough more on any particular day of the week? (Specify).....	<input type="checkbox"/> Yes	<input type="checkbox"/> No
	Does your cough get worse in any particular body position? (Specify)	<input type="checkbox"/> Yes	<input type="checkbox"/> No
	How long have you been coughing? (Specify)		
Sputum:	Do you usually bring phlegm/mucus while coughing first thing in the morning?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
	Do you usually bring phlegm/mucus while coughing at other times?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
	If you bring phlegm/mucus, what color is it? (Specify)		
	How long have you had sputum production? (Specify)		
	Have you ever coughed up blood?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
	If YES, when was it the last time? Specify).....		
Wheezing:	Does your breathing ever sound wheezy?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
	Have you ever had attacks of shortness of breath with wheezing?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
	Have you ever had feeling of tightness in your chest?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
	At what age did the wheezing first occur? (Specify)		
	How often do you experience wheezing? <input type="checkbox"/> Daily <input type="checkbox"/> Nightly <input type="checkbox"/> Few times a week <input type="checkbox"/> Few times a month		
	Is it worse any particular day of the week? (Specify)		
Breathlessness:	Do you usually get short of breath walking up stairs?.....	<input type="checkbox"/> Yes	<input type="checkbox"/> No
	Do you usually get short of breath walking on level ground?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
	Do you usually get short of breath at rest?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
	Do you wake up at night because of shortness of breath?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
	What do you think precipitate you shortness of breath? (Specify)		
	What do you think make you shortness of breath better? (Specify)		
	How long have you been feeling breathless? (Specify)		
	Have you ever been prescribed oxygen?	<input type="checkbox"/> Yes	<input type="checkbox"/> No

OTHER PROBLEMS

Please check if you have, or have had, any symptoms in the following areas to a significant degree and briefly explain.

Eyes: <input type="checkbox"/> Vision loss <input type="checkbox"/> Itching <input type="checkbox"/> Discharges <input type="checkbox"/> Other (Specify)	CVS: <input type="checkbox"/> Palpitations <input type="checkbox"/> Heart murmur <input type="checkbox"/> Varicosities <input type="checkbox"/> Other (Specify)	GU: <input type="checkbox"/> Painful urination <input type="checkbox"/> Blood in urine <input type="checkbox"/> Difficulties voiding <input type="checkbox"/> Other (Specify)
ENT: <input type="checkbox"/> Hearing loss <input type="checkbox"/> Nasal or ear itching <input type="checkbox"/> Nasal or ear discharges <input type="checkbox"/> Other (Specify)	GI: <input type="checkbox"/> Heartburn <input type="checkbox"/> Nausea <input type="checkbox"/> Vomiting <input type="checkbox"/> Diarrhea <input type="checkbox"/> Any bleeding <input type="checkbox"/> Other (Specify)	Musculoskeletal: <input type="checkbox"/> Joint pain <input type="checkbox"/> Joint swelling <input type="checkbox"/> Muscle or back pain <input type="checkbox"/> Other (Specify)

SLEEP HABITS

From your personal or your significant other experience:	Do you have trouble sleeping? <input type="checkbox"/> Yes <input type="checkbox"/> No Do you feel refreshed upon awakening?..... <input type="checkbox"/> Yes <input type="checkbox"/> No Do you experience morning headaches? <input type="checkbox"/> Yes <input type="checkbox"/> No Do you fall asleep while waiting in line? <input type="checkbox"/> Yes <input type="checkbox"/> No Did anybody tell you snore? <input type="checkbox"/> Yes <input type="checkbox"/> No Did anybody tell you choke or gasp for air at night? <input type="checkbox"/> Yes <input type="checkbox"/> No Do you have any other sleep problems?
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Reviewed, Anatoli Krasko, M.D.